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WHO ARE WE?

M.J. Charitable Trust is working to provide education and health services to the impoverished sections of society in India.

Dr. Ashok Kumar Jainer established the trust in 2008 to fulfil his dreams of a better society for all. This Trust provides selfless and unconditional service to the mankind. Everyone working in the Trust is committed, dedicated and working unpaid, there is no admin cost. The Trust is registered and has been awarded 80G of the income tax act of India.

VISION

•A world in which everyone obtains good education and health.

MISSION

•We seek a world of hope and working to ensure that kids growing up in poverty get an excellent education. and health.

VALUE

• Improve well being of people and convert their suffering into selfreliance. We treat them with respect, dignity, compassion and always be responsive to their needs.

OBJECTIVES

- 1. Provide quality assured education for children growing in poverty.
- 2. Provide prompt and safe health care facilities to the poor in rural areas.
- 3. Provide food and basic amenities for people living in slums.
- 4. Raising awareness of common illness in rural part of India.



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It is time for our quarterly news letter ,our last one was in new year 2022 to celebrate and bringing a ray of hope to those of us who survived during the pandemic.

M J TRUST HAS BEEN FOCUSING ON HEALTH, EDUCATION AND SOCIAL EMPOWERMENT

The journey of our Trust has been eventful. During our journey we have lost some opportunities, but gained some during this pandemic to make a difference. Where there is will a path will be paved for sure.

This has been our first hand experience with our future generation in sharing their challenges which we faced with optimism.

We had many children from slums who were educated during prepandemic some got displaced and couldn't access education during the pandemic. We continued with our support for many kids who had direct access to us and also in 2 schools in remote village in Meerut.

Additionally our remote clinic which runs in our ancestral home village couldn't facilitate the numbers of patient due to fear of covid in common man. We are in the process of refurbishing it to make facilities accessbile for a common man

We utilised this opportunity to educate common man about myths ,advantages of vaccine via books ,media and greatly indebted to Shailesk kumar in Satya Hindi

The beauty of MJ trust is being at the forefront for humanity may it be transport for 100 plus migrant workers with support of Salma Francis and on going distribution of weekly ration to 50 plus families and bhandara 3 times a week to 100 children with Mr. Avnish Jainer's tireless efforts.

Of course we cannot forget and should be thankful to almighty for it. However for some with loss of close relatives and job losses it has been a new beginning with challenges untold.



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We have had multiple opportunities to providing support for weddings, jobs and even people to buy houses .

In this newsletter we will focus on higher education opportunities for youngsters who were from disadvantaged background and MJ trust could be part of their journey. We need to be mindful that higher education is becoming beyond reach of majority of population in India just like medical treatment.

WE HAVE SELECTED 8 SUCH YOUNGSTERS. SOME HAVE WRITTEN TO US AS BELOW ..

1. Sumit - MTech in IIT Roorkee:



MJ trust has provided me scholarship for professional education. The fore steps to any success lies in the extent of research and development involved during the inception of any endeavour.

I believe in higher education. During my education this fellowship is about implying well-established theories to real-world settings and it is very fascinating to

systematically explore new dimensions to establish facts and conclusions. I should be capable of solving practical problems as well as social problem outcomes and this is the main motivation behind the desire for doing a higher education. I want to make myself a better resource person and gain skills that may lead to a better acknowledged. I believe that M.J. foundation's fellowship will prepare me with the best training which is critical to becoming a successful biotechnologist researcher. Never let a short term desire get in the



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way of a long term goal."

My long-term career objective is to become a dedicated scientist and guide the students by encouraging them. Exploring the new horizons of research at a prominent institute would fulfill my aim. Pleading knowledge and sharing experience will keep me going for the development in the real world and ultimately serve the humanity. M.J. Foundation has been consistently working in the direction of nurturing the innate talent and giving opportunity to every child to pursue excellence in both academic and development areas. I deserved and achieved the M.J.F oundation fellowship and I am very thankful to part of this foundation , It made my dream come true.

2. Sushant Singh -IIT Patna:

I am Sushant Singh from a village name Tofapur in Meerut,Uttar Pradesh. I am currently studying in B.Tech-3rd year in Mechanical Engineering in IIT Patna. I always had a dream to get admissions in IIT's which are considered one of the prestigious engineering institutes in India. But I was little uncertain whether I would be able to make into IIT's or not because I



belong to a middle class family. I secured 1st position in Meerut in 12th and after that I cleared the entrance exam of IIT's.

After that MJ. Charitable Trust identified my talent and supported me financially and bore all my cost of graduation. I really really appreciate



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their efforts to help students who don't have enought resources to bear the cost and are not financially good.

I would really like to express my gratitude to the Trust which is helping me in pursuing my dreams after getting admission in one of the IIT's. I am very thankful to the trust for helping me. I hope that Trust continues to identified the talents and help them in pursuing their dreams.

I would also like to be a part of the Trust in Future. So that I can also help them doing the good things.

3. Abdul haleem - MBBS Jammu:

My name is Abdul Haleem . I am doing medicine degree (MBBS). I belong to very poor family ..who couldn't afford to pay my college fees and books charges..but i was determined and didn't give up . I tried so hard to find any source who can help me finacially as well as motivate me. "Where there is a will there is a way" this came true and I found MJ TRUST. This trust has agree



to support my degree and working very closely with me. This trust has been a stepping stone in my career and I would always do the same for those who are finacially weak..

4. Pharmacy - Delhi:

Daughter of driver from outskirts Delhi who couldn't dream of doing pharmacy .She has now completed her degree and is married happily to a pharmacist.





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5. Prachi - BAMS:

My name is Prachi and am from India. My family was going through rough times but Dr.Ashok jainer came as a ray of light in my life. Am very thankful to him and MJ charitable trust for helping me a lot during this tough time.

- 1. Thanks for providing the kind of help that I needed. Your financial support has provided much needed stress relief. I owe you gratitude and so much more.
- 2. I don't know anyone as generous as you. Your giving seems to have no limits.
- 3. I needed your generosity and you came through for me. Today I made a promise to myself that in future if someone is in need and going through the same problem as I was going I'll definitely gonna help him or her and motivate them to help others.

Once again Thanku very much everyone who have been there for me.



6. Dr Fauzia Rahim - MS Ophthalmolgy Jammu:

"I Dr Fouziya Raheem started from a very hopeless situation. I started from a very very basic hindi medium school. Nobody from my place had ever achieved the heights i achieved just with my will power, positive mindset, hard work and trust on god. Money was less ,but because of my hardwork i always was among the top students in school. then i cracked medical enterance exam, and got mbbs seat. Money was again less to meet the expenses but i dont know how all the things fell into place i think just because i had the mindset of doing something in life, working hard no matter what to achieve my dreams and everything else was taken care of by the god. From where i belong there is no hope for good education. my family did not have enough money that they could support my education expenses but still they always supported me emotionally they always



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asked me to believe in myself, my hardwork and my god and eventually here i am a specialist in my field.i am an eye surgeon today.i got selected in GOVT. MD/MS seat but again i have to face financial constraints but Dr Jainer part of MJ trust made me feel as if I belong to his family and nothing to worry . All the required assistance was provided by the trust for which i am and will always be so thankful of the trust without the trust i think i wouldn't be able to make it up till here.so i want everyone who's out there struggling with the same situation i want you all to believe in yourself no matter what, work harder just do not ever give up help will come just be honest to yourself do not stop working hard because hard time never lasts.if you are determined nothing is impossible. In the future i would like to help anyone who is in need so that they do not face the same situation i faced because of lack of resources. Resources eventually come, support eventually come do not lose hope."

7. Puja M.I.E.T college – employed at Mahindra and Mahindra Company:



"My name is puja.i have five member in my family.my mother is no more due to kidney problem in 2017 and also my brother is no more due to suddenly had an accident in 2021. I had no money for study and no support from my family side then I met Ashok Jainer Sir

he was supported me further study and finally I have completed my graduation from M.I.E.T college after some time I got a opportunity for a job in Mahindra & Mahindra company.

"hard time never last but thought guy do ". Never give up. Where there is a will, there is a way. I continued to fight and support started coming. I will be keen to support some students who have similar problem."



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8. Akansha Tirpathi - Civil services entrance preparation:



''वो पथ क्या पथिक परीक्षा क्या, जिसमें बिखरे शूल न हो। नाविक की धैर्य परीक्षा क्या, जब धाराएँ प्रतिकूल न हों।।''

इस कोट का मतलब यहीं है कि जिन्दगी के कठिन समय में हार नहीं मानना चाहिए जब अब आप अपनें सपनों के लिए प्रयासरत होते है तो ईश्वर खुद तो नहीं आतें पर आपकी सहायता के लिए

किसी को जरूर भेजते हैं। कोविड से माता-पिता, भाई के जाने के बाद एम. जे. चैरिटेबल संस्था ने मेरे पढने, लिखने, खाने की व्यवस्था की।

मेरे परिक्षाओं के दौरान श्री अशोक सर ने पिता की तरह मेरा आत्मविश्वास बढाया जी आई सी लेकचरर परीक्षा का प्री पास का मेन्स दिया है कुछ दिनों में रिजल्ट आयेगा। संस्था की सहायता मे मैं अपनी सिविल सेवा की तैयारी दोबारा कर पा रही हूँ। जिसके लिए एम. जे. चैरिटेबल ट्स्ट की सदैव आभारी रहूगीं।

> '' बिना कुछ किये जय-जयकार नहीं होती। मेहनत करने वालो की हार नहीं होती।

> > आकांक्षा त्रिपाठी



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ACKNOWLEDGEMENTS

We are mindful that higher education is becoming impossible without support for a majority of population in India just like medical treatment.

We are grateful for being given this opportunity as says Mother Theresa,

"We all cant do great things but we can all do small things with great love".

This endeavour would not be possible if we did it our own. We are thankful To many and acknowledge financial support for above from the named below:

Sachin - Dentist in Malta

Dr Ajay Sharma - Psyhicatrist in Coventry

Manish and Gargi Gupta - IT consultant

Dr Sunita Arora - Anesthetist in US

Yash Gupta - Student at IIT Mumbai

Rishabh Jainer - Trainee Solicitor in Warwick



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Founder



Dr. Ashok Kumar Jainer, Consultant Psychiatrist, NHS, UK



Dr. Renu Jainer, Consultant Paediatrics, NHS, UK

Our Medical Advisory Board



Dr. Sudheer Tyagi, Neurosurgeon



Dr Sudhir Rawal, MS, McH



Dr Aruna Agarwal , Gynaecologist



Dr. Dhirendra Singh, Orthopaedic Surgeon



Or. Renu Jainer, Paediatrician

Our Education Advisors



Bhism Singh,, DCP



Ramkripals Singh, Exeditor in Chief, Nav Bharat Times



Shailesh Kumar, Ex-CEO of News Nation & Dean of News 24 Media



Prof Charan Verma

Medical Clinic In charge



Dr. Vijay Verma, MBBS, MD



Dr. Sanjay Jainer, BAMS

Social Empowerment



Aditi Bhati -Greater Noida



Avnish Jainer -Ghazaiabad



Salma Francis -Delhi