



WHO ARE WE?

M.J. Charitable Trust is working to provide education and health services to the impoverished sections of society in India.

Dr. Ashok Kumar Jainer established the trust in 2008 to fulfil his dreams of a better society for all. This Trust provides selfless and unconditional service to the mankind. Everyone working in the Trust is committed, dedicated and working unpaid, there is no admin cost. The Trust is registered and has been awarded 80G of the income tax act of India.

VISION: A world in which everyone obtains good education and health.

MISSION: We seek a world of hope and working to ensure that kids growing up in poverty get an excellent education and health.

VALUE: Improve well being of people and convert their suffering into self-reliance. We treat them with respect, dignity, compassion and always be responsive to their needs.

OBJECTIVES

1. Provide quality assured education for children growing in poverty.
2. Provide prompt and safe health care facilities to the poor in rural areas.
3. Provide food and basic amenities for people living in slums.
4. Raising awareness of common illness in rural part of India.

This news letter is out of the medical league but focuses on key element essential for living a life. It will pivot on "Dealing with divinity" as we are all celebrating Guru Nanak's 550th birthday throughout the world. His teachings "one is all" stand at the same place even after so many decades.

We all are born as divine souls but as we grow up we evolve into a pseudo identity by putting layers over the soul as per our environment which is very powerful and has an immense magnetism. This is mainly from five senses and intellect. These constantly and only connect us with the outside world. We start distancing ourselves from the real Crux and hence unhappiness imbibes gradually.

The information we gather about self through five senses and intellect create a wall between pseudo self and true self (divine). In this way we waste whole life without knowing who we are? This is biggest irony of life. This is root cause of our misery, interpersonal conflict, fighting, jealousy, greed and hatred in the society, internal and external wars. In this regards Guru Nanak who was born as divine and lived life as divine. He made a conscious effort to remove this irony and enable human beings to live life as divine. He demonstrated the one core principle of life that our dealing should be with divine not with ego which is pseudo identity this mean we should operate at the level of soul not at the level of ego or pseudo identity.

He wasn't successful in worldly view as he didn't do well in studies. Hence his father gave him 20 rupees to make a living (earning money from money). It was a huge amount of money at that time and he had spent all his money to feed hungry saints. He served the divinity in hungry saints instead of growing money. He told his father that he did dealing with divinity and fed the hungry people. His dealing with God is the result of the free langar that is taking place every day and in every corner of the world. Millions and millions of people are fed each day regardless of caste, creed, religion, and race. Every city has Gurudwara with four doors from all 4 directions- east, west, north and south so that people can come and have free meals in langar and seva. As he was living in the true form (divine form) he only knew to have divine to divine dealing. We all are living in that ego form which divide us, spread hatred and fighting among us. If we look inside us and focus on developing dealing with the divinity by unconditional love, care and donate, the world will be so beautiful, peaceful and free from hatred, fight and misery.

MJ foundation has made an effort in moving in this direction by experiencing everyone, in their contact, the feeling of being part of one big family. We strive not to deviate from the path of teachings of Nanak dev ji who enlightened the world. By Ashok Jainer

A Glimpse of Our Work

Radha with phocomelia (loss of arms) begged at traffic lights in Ghaziabad for living. They live in slum. I salute this brave girl, who being handicapped looked after her mother and now found the way out to take life forward.

She is very confident but wouldn't go to school as was bullied and had epilepsy. She is treated for epilepsy and had monthly ration through the trust but suddenly lost her mum before Diwali which was major bereavement to deal with but survival takes priority. She contacted the trust founder and asked for an e-rickshaw for living which is being arranged through trust. We are fortunate to enlight the real lamps of diya in people's lives. Hope it can be sustained.



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Feeling which is soul stimulating and priceless.

This young boy has ventricular septal defect (hole in heart). His mother is the only earner and works as a cleaner in a nursery school. She couldn't afford operation and lost hope as his growth had got stunted due to worsening of his clinical condition. One day she met one of the MJ trustee members who arranged not only free operation but also the blood needed for him. He is now catching up on his growth and leading a healthy life.



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Education is a best gift to offer and best invest to shape the future of any society and country. M.J Trust started with two children and now supporting education of around 70 children. We support those children who have potential and dreams to fulfil and are unable to achieve their dreams due to financial stains. Some child have lost their father or earning members, some have single parent and some are living in slums.



Education for Dreamers

If we educate a boy we educate an individual. However, if we educate a girl we educate a family. We support education of girls in rural areas where girls face lots of barrier to gain education.



Education for Girl Child

Those who are living in slums and has no access to clean water, electricity and adequate food. We pick up children from slums and provide not only education but free langars in those areas so that they have food to survive. This boy has now passed eight class and if managed to proceed further, he can at least shape his future and support his mother who is a widow.



Shaping Future for Slum Children

This boy has been selected in IIT Patna, his father works in post office. M.J Trust has become a part of achieving his dream as we had helped him to join a joint venture. He has completed his first semester, still long way to go but he is on right track.



Achieving Dreams



During winter we supply blankets and warm clothes so that people in slums can survive.

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9 Digital